

Texas High School Coaches' Association

Professional Development Certification Application

Applicant's Name _____ Membership # _____

Address _____ City, State, Zip _____

School _____ Phone: _____

Undergraduate degree _____ University _____

Graduate degree (if applicable) _____ University _____

Please check the certificates of attendance you are submitting:

2010 Projected Topics

- Dr. Ralph Curtis, Dr. David Schmidt, Dr. Richard Steffen, Dr. Eliot Young, Dr. Paul Saenz, Dr. Timothy Palomera - *Symposium for Coaches on Sports Medicine 2010 (3 hrs)*
- Dr. David Schmidt - *Knee Injuries*
- Dr. Eliot Young - *The Athlete's Heart*
- Dr. Bud Curtis - *Shoulder Rehabilitation for QB's*
- Dr. Paul Saenz - *Concussion 2010: NCAA & UIL Guidelines/Protocol*
- Mark Powell, ATC - *Coaching During On Field Emergencies*
- Dr. Mark Adickes - *Looking Back on My Bumps & Bruises: Lessons Learned*
- Dr. Jim Peterson - *Myths, Misinformation & Realities on Conditioning for Athletics*
- Marque Allen, DPM - *Athletic Footwear, Orthotics, and Bracing*
- Dr. Richard Steffen - *The Stress Fracture Epidemic*
- Dr. Timothy Palomera - *Heat Illness: Not the Same Old Drink of Water*
- Roberta Anding - *Sports Nutrition in 2010: What Every Coach Needs to Know*
- Jack Medina - *Fueling & Training the Body for Peak Performance*
- Jack Medina - *Fueling & Training the Body for Peak Performance*

2009 Lectures & Meetings

- Dr. Ralph Curtis, Dr. David Schmidt, Dr. Richard Steffen, Dr. Eliot Young, Dr. Paul Saenz - *Symposium for Coaches on Sports Medicine 2009 (3 hrs)*
- Dr. Jim Peterson - *The Coach's Guide to Conflict Resolution*
- Dr. Paul Saenz - *Concussion: Current Concepts*
- Dr. David Schmidt - *ACL Injuries: Focus on Prevention*
- Dr. Paul Saenz - *The Staph Epidemic*
- Marc Powell - *Heat Illness in Athletics*
- Dr. Timothy Palomera - *Medical Issues in Young Athletes*
- Lisa Salberg - *Sudden Cardiac Arrest Awareness*
- Dr. Timothy Palomera - *Performance Enhancing Substances in Athletics*
- Dr. Richard Steffen - *Steroid Updates*
- Dr. Marque Allen - *Athletic Footwear, Orthotics and Bracing*
- Dr. Eliot Young - *The Athlete's Heart*

2009-10 Seminars

- Joe Ehmann - *InsideOut Coaching Seminar - February 10, 2010 San Marcos Embassy Suites (3 hours)*

Must have the following:

- Copy of current American Red Cross First Aid Certification
- Copy of current CPR/AED Certification

You must earn 8 hours of credit over a two-year period by attending PDC lectures and approved meetings. Upon completion of the **FULL** 8 hours of credit, please complete this form and send it to the THSCA along with the **ORIGINAL** certificates of attendance that you obtained at the lectures, as well as copies of your CPR and First Aid Certification. **DO NOT SEND THESE MATERIALS UNTIL YOU HAVE COMPLETED THE FULL 8 HOURS OF CREDIT.** Once you have met the requirements and the THSCA has received all of your original documents, you will receive a certificate from the Texas High School Coaches Association. Re-certification will be required every two years. Approved TEA Continuing Professional Education Provider #501294. Recognized by the Board of Certification to offer continuing education for Certified Athletic Trainers (Provider # P3101).

Signature

Date

THSCA Use Only