

# CONTINUING PROFESSIONAL DEVELOPMENT CERTIFICATION

## 2010 COACHING SCHOOL

The Texas High School Coaches Association, through our Professional Development Cooperative (PDC), will continue to implement the ongoing program of continuing education that is designed to help coaches at all competitive and organizational levels, with an emphasis on coaches of secondary schools who are actively engaged in or directly associated with coaching sports in Texas. The aim of this program is to keep our coaches abreast of up-to-date information on key and essential topical matters relating to the health and safety issues affecting our student athletes today. Also through this program, we will work to keep our coaches current on their C.P.R. and First Aid Certification.

**The Texas Education Agency has approved the THSCA to become a Continuing Professional Education Provider for the State of Texas.** These lectures will satisfy requirements for Professional Development for Physical Education and Health. The Texas High School Coaches Association is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. The THSCA Continuing Professional Development Certification is designed to have coaches participate on a voluntary basis, renewing their certification every 2 years.

### **BASIC QUALIFICATIONS**

- Must have an undergraduate bachelor's degree
- Must be a member of the THSCA in good standing

### **REQUIREMENTS FOR CERTIFICATION**

• Earn at least 8 hours of credit by attending PDC lectures at the THSCA Annual Coaching School. (Or view approved DVD's/Videos of Annual Coaching School PDC Lectures following guidelines for campus viewing).

- Current C.P.R. & A.E.D. Certification
- Current First Aid Certification
- Re-certification will be required every two years.

### **APPROVED TOPICS FOR 2010**• Steroids Update

- Performance Enhancing Substances
- Concussion: New Concepts & UIL Requirements
- ACL Injuries: Focus on Prevention
- Infections in the Field House
- Heat Illness in Athletics

- Stress Fractures in High School Athletes
- Sudden Cardiac Arrest Awareness
- Coach's Role in Emergency Management
- Asthma, Diabetes, Seizures in Athletics
- Proper Fitting/Care of Athletic Equipment

### **PROCEDURES OF APPLICATION FOR THSCA CONTINUING PROFESSIONAL DEVELOPMENT CERTIFICATION**

Coach must fill out official THSCA Continuing Professional Development application on preceding page and submit it with the following:

- Copy of current CPR/AED Certification
- Copy of current American Red Cross First Aid Certification
- Certificates of attendance for 8 hours of approved PDC lectures. (You must submit the original certificate of attendance - no copies will be accepted!).

Coaches will pick up their validated Certificate of Attendance after every PDC Lecture. This will be your only copy. You must send the original certificate of attendance to the THSCA for certification, along with the other materials requested. We will not accept copies of the certificate of attendance. **Lost certificates will not be replaced. It's up to you to hang on to them.** If viewing DVD's, coaches must sign in on the form provided and that form must be signed by administrators and sent to the THSCA for recording.

Please contact the THSCA at (512) 392-3741 with any questions. We hope you will take advantage of this opportunity. If you have attended PDC lectures at 2007 Coaching School, you will have an opportunity to complete certification at this year's Coaching School.

### **IMPORTANT NOTE:**

**YOU MUST ARRIVE AT THE LECTURE WITHIN THE FIRST 10 MINUTES AND REMAIN UNTIL THE END OF THE LECTURE TO RECEIVE A CERTIFICATE.**